بسم الله الرحمن الرحيم

CURRICULUM / STATUTES/ REGULATIONS

FOR 2 YEARS DIPLOMA PROGRAMME

GYNAECOLOGY & OBSTETRICS

Faisalabad Medical University

Faisalabad

Contents

Section A

VISION STATEMENT:

Faisalabad Medical University has been established since 05-05-2017 for purpose of imparting better medical education and encouraging and arranging extensive research and publication in the field of medical science. The vision of university is:

"Striving to achieve national and international stature in undergraduate and postgraduate medical education with strong emphasis on professionalism, leadership, community health services, research and bioethics"

MISSION STATEMENT

The mission of the University is:

"Educate Healthcare professionals to prevent, diagnose and treat human illnesses to practice evidence-based medicine with focus on lifelong healthcare in order to meet the challenges of community needs and competitive medical profession at the same time"

STATUTES

Nomenclature

Diploma in Gynaecology & Obstetrics

Course Title:

Training Centers

Department of Gynaecology & Obstetrics Affiliated with Faisalabad Medical University, Faisalabad.

Duration of Course

The duration of course shall be 2 years with structured training in a recognized department as per university rules and curriculum.

Course structure:

The course is structured in two parts:

Part I: The candidate shall undertake the training in the basic sciences as per curriculum. 75% content will be uniform for all the specialties, approved by Dean basic sciences and Academic council, while 25% will be subject specific, provided and approved by the relevant department and Academic council. At the end of 6-month, Part I Examination will be held by the examination department of Faisalabad Medical University as per the table of specification in the basic medical Sciences subjects with same percentage of content from uniform and subject specific content as indicated above i.e. 75% and 25% respectively. All the candidates will attend classes in basic science departments as per the time table for 5 days (Monday to Friday) and on Saturday they will attend the class in their respective specialty as per the time table provided by the university during first six months.

Part II: The candidate shall undertake training in the specialized department as per the curriculum. At the end of 2 years, Part II Examination will be held by the examination department of Faisalabad medical University as per the table of specification in the subject concerned.

Section B:

Admission and Eligibility Criteria:

Applications for admission to DIPLOMA will be invited through advertisement in print and electronic media and according to guidelines and rules approved by the Faisalabad Medical University.Candidates shall have MBBS or equivalent classification, valid PMDC registration, one year House job (Three year

house job in relevant specialty will be preferred), secured pass percentage in entry test conducted by The Faisalabad medical university, qualify the interview successfully.

Required Documents:

1. Completed application Form
2. Copy of MBBS degree with mark sheets of Professional Examinations and certificate of number of attempts in Professional Examination
3. Copy of PMDC Registration certificate.
4. Certificate of completion of required experience.
5. Reference letters from two consultants, with whom the applicant has worked
6. Three latest passport size photographs

Accreditation Related Issues Of The Institution

A. Faculty

Properly qualified teaching staff in accordance with the requirements of Pakistan Medical and Dental Council (PMDC).

B. Adequate resources

The university will provide adequate resources Including class-rooms (with audiovisual aids), demonstration rooms, computer lab, clinical pathology lab, theaters, instruments and other equipment etc. for proper Training of the residents as per their course outcomes and objectives.

C. Library

Departmental library should have latest editions of recommended books, reference books and latest journals (National and International).

Section C:

AIMS AND OBJECTIVES OF THE COURSE

AIM

The aim of two years Diploma programme in Gynaecology & Obstetrics is to equip medical graduates with relevant professional Knowledge, skill and ethical values to enable them to apply their acquired expertise at health care institutions.

LEARNING OBJECTIVES:

GENERAL OBJECTIVES

Diploma in Gynaecology & Obstetrics should enable a student to:

1. Access and apply relevant knowledge to clinical practice:
   - Apply scientific knowledge in practice
   - Update the knowledge & technical skills
2. Safely and effectively performs appropriate surgical procedures:
   - Demonstrate sound surgical skills
   - Adapt their skills in the context of each patient and procedure
   - Maintain and acquire new skills
   - Approach and carries out procedures with due attention to safety of patient, self and others
   - Analyze their own clinical performance critically for continuous improvement
3. Design and implement effective management plans:
   - Recognize the clinical features, accurately diagnose and manage gynaecological as well as obstetric problems
   - Formulate a well-reasoned provisional diagnosis and management plan based on a thorough history and examination
   - Formulate a differential diagnosis based on investigative findings
   - Manage patients in ways that demonstrate sensitivity to their physical,social, cultural and psychological needs
   - Manage the care of patients with gynaecological or obstetric trauma including multiple system trauma
   - Recognize and manage complications

- Identify the benefits, risks and mechanisms of action of current and evolving treatment modalities
- Consider all issues relevant to the patient
- Identify risk and implement a risk management plan

4. Organize diagnostic testing, imaging and consultation as needed:
   - Select medically appropriate investigative tools and monitoring techniques in a cost-effective and useful manner.
   - Evaluates critically the advantages and disadvantages of different investigative modalities.
5. Communicate effectively:
   - Communicate appropriate information to patients (and their family) about procedures, potentialities and risks associated with surgery in ways that encourage their participation in informed decision making
   - Communicate with the patient (and their family) the treatment options including benefits and risks of each
   - Communicate with and co-ordinate health management teams to achieve an optimal surgical environment
   - Initiate the resolution of misunderstandings or disputes
6. Recognize the value of knowledge and research and its application to clinicalpractice:
   - Assume responsibility for self-directed learning
   - Facilitate the learning of others.
   - Comprehend local community & health issues and be aware of Health Indicators in Pakistan.
7. Appreciate ethical issues associated with Obstetrics and Gynaecology:
   - Apply ethical principles
   - Identify ethical expectations that has impact on medico-legal issues

8. Work in collaboration with members of an interdisciplinary team whereappropriate:
   - Collaborate with other professionals in the selection and use of various types of treatments assessing and weighing the indications and contraindications associated with each type

- Recognize the need to refer patients to other professionals.

SPECIFIC LEARNING OUTCOMES

On completion of training programme candidate should be able to:

1. Describe embryology, applied anatomy, physiology, pathology, clinical features, diagnostic procedures and the therapeutics pertaining to Obstetrics and Gynaecologysurgery.
2. Understand the physiological, physical and psychological changes during pregnancy, labour and puerperium.
3. Understand the development of the fetus from conception to term.
4. Develop skills in identifying the needs of the mother during antenatal, intrapartum and postnatal period.
5. Take a comprehensive and pertinent history of a patient presenting with Obstetrical and Gynecological complaints.
6. Perform detailed physical examination in a rational sequence that is Both technically correct as well as methodical
7. Practice proper procedures in operating theatres & labor wards including gowning, gloving, use of various sutures, surgical principles, & use & working of electro medical equipment
8. Develop skills in conducting normal labour and identify any majordeviations from normal
9. Assist at major Gynecological surgery and perform minor procedures in dependently.
10. Handle Comprehensive Em O Cin dependently.
11. Develop skills in giving care to the high-risk neonates.
12. Identify menstrual disorders, pelvic inflammatory diseases and infertility cases and provide comprehensive care.
13. Extend maternal and child health to families and counsel couples regarding acceptance of family planning measures.
14. Be able to develop a broad differential diagnosis for a patient with an "acute abdomen" including conditions such as pelvic infection, ectopic pregnancy, adnexal torsion, appendicitis, diverticulitis, urinary calculi.
15. Maintain follow-up of patients at appropriate intervals.

16. Act as an independent specialist at community level/ Tehsil and District Headquarter Hospital

Content list:

Part-I

A : Basic science:

Anatomy:

Gross Anatomy .of Head & Neck

- Scalp & face
- Bony orbit
- Mandible & cervical vertebra
- Temporal fossa, infra temporal fossa & mandible
- Eye ball & extra occular muscle
- Fascia & triangles of neck
- Tongue, oral cavity & salivary gland
- Larynx & thyroid gland
- Pharynx
- Ear
- Nose & paranasal air sinuses

- Vessels of head & neck
- Lymphatic drainage of head & neck
- Radio graphy of head & neck
- Cranial cavity

Gross anatomy of abdomen & pelvis

- Anterior abdominal wall
- Anterior abdominal wall & rectus sheath
- Inguinal canal & hernia, scrotum & external genitalia
- Peritoneum
- Stomach & small intestine
- Liver, pancreas, spleen & extra hepatic billiary apparatus
- Blood supply & nerve supply of abdomen
- Large intestine + appendix
- Posterior abdominal wall
- Bony pelvis + joints of pelvis
- Female reproductive system
- Anal region
- Nerves & vessels of pelvis
- Radio graphs of abdomen & pelvis

Neuroanatomy

- Dural venous sinuses & meningies

- Brainstem 1
- Brainstem 2
- Brainstem 3
- ANS
- Cerebrum 1
- Cerebrum 2
- Diencephalon 1
- Diencephalon 2
- Ventricular system
- Cranial 1
- Cranial 2

Gross Anatomy Of Spinal Cord

General & Special Embryology

General & Special Histology

Physiology:

CLINICAL DIPLOMA COURSE OF PHYSIOLOGY

Conceptual and considered approach to

1. Cell physiology
2. Basic and Clinical Neurophysiology
3. Blood physiology
4. Heart and overview of Circulation
5. Renal Physiology

6. Advance Endocrinology
7. Respiratory Physiology
8. Molecular and physiological aspects of Nerve and Muscle

CELL PHYSIOLOGY

1. Functions of cells, cell membranes and its organelles
2. Homeostasis
3. Necrosis
4. Apoptosis

BASIC AND CLINICAL NEUROPHYSIOLOGY

1. Nerve physiology
2. Action potential in nerve fiber, mechanism of generation action potential in a nerve fiber
3. Parts of central, peripheral nervous system and their physiology
4. Autonomic nervous system
5. Special sense vision (eye)
6. Pathophysiology of the diseases involved

BLOOD PHYSIOLOGY

1. Components of blood, functions of blood plasma and plasma proteins
2. Blood grouping and principles of transfusion
3. The body defense systems (lmmunology)
4. Disorders of the blood

HEART AND OVERVIEW OF CIRCULATION

1. The basic structure and function of heart, ECG recording and interpretation
2. Conductive pathway of heart
3. Physiological principles to manage a person in shock due to various reasons
4. Disorders of the CVS

RENAL PHYSIOLOGY

1. Basic structure and function of the kidney
2. Glomerular filtration, tubular function and urine formation.
3. Role pf kidney in acid base, Na,K,Ca blance
4. Endocrine and regulatory functions of the kidney

ADVANCE ENDOCRINOLOGY

1. Endocrine glands, classification their functions
2. Feedback control mechanisms
3. Disorders of endocrine glands

Biochemistry

1. Buffers

- Ionization of water
- Henderson – Hasselbach equation
- Body buffers and regulation of Acid base balance human body
- Acids produced in the body, mechanisms of regulation of pH, role of lungs and kidney in buffering mechanism
- Disorders of acid base metabolism

2. Enzymes:

- Classification/nomenclature, Properties of enzymes and catalysts, regulation of enzyme activity
- Functions of enzymes and catalysts,
- Therapeutic use and application of enzymes in clinical diagnosis
- Enzyme kinetics, Factors affecting enzyme activity (Michaelis – Menten and Lineweaver Burk equations)
- Classification of enzyme inhibitors and their biochemical importance

3. Carbohydrates:

- Definition, biochemical function and classification of carbohydrates, Structure and functions of monosaccharides and their derivatives
- Disaccharides, Oligosaccharides, Polysaccharides and their Biochemical importance.

4. Proteins:

- Definitions, biochemical importance and classification of proteins based on physiochemical properties, Structure of proteins and their significance in pH maintenance
- Amino acids and their structure, properties, functions, Classification and nutritional significance of amino acids,
- Immunoglobulins and their biomedical significance
- Plasma proteins and their clinical significance

5. porphyrins and Hemoglobin:

- Chemistry and biosynthesis of porphyrins and related disorders
- Structures, functions and types of hemoglobin, Oxygen binding capacity of hemoglobin, factors affecting and regulating the oxygen binding capacity of hemoglobin,
- Haemoglobinopathies (Sickle cell disease, Thalassemia etc.) and their biochemical causes
- Degradation of haem, formation of bile pigments, its types, transport and excretion
- Hyperbilirubinemias, biochemical causes and differentiation

6. Lipids and Fatty Acids:

- Classification of lipids and their biochemical functions, Structure and biochemical function of neutral lipids phospholipids, glycolipids and sphingolipids
- Classification of fatty acids and their biochemical functions,
- Eicosanoids and their function in health and disease
- Steroids and their biochemical role, Cholesterol, its structure, chemistry and functions
- Bile acids and bile salts
- Lipid peroxidation and its clinical significance

7. Vitamins and minerals:

- Vitamins and their different types, Classification of vitamins, their chemical structure and biochemical function, Absorption of vitamins and minerals
- Daily requirements, sources of water- and fat-soluble vitamins
- Clinical effects of vitamin deficiency, Role of vitamins as co-enzymes, Hypo- and hyper-vitaminosis
- Minerals in human nutrition, sources, biochemical actions and recommended daily allowance (RDA), Sodium, potassium, chloride, calcium, phosphorus, magnesium, sulfur, iodine, fluoride, Trace elements: Iron, Zinc, Selenium, Iodine, Copper, Chromium, Cadmium, Manganese (Fe, Zn, Se, I, Cu, Cr, Cd and Mn)

8. Endocrinology:

- Introduction of hormones, mechanism of hormone action, classification of hormones
- Endocrine hormones of human body (Synthesis, Secretion, Mechanism of Action, effects on target tissues, regulation, related disorders)

a. Anterior Pituitary Hormones

b. Posterior Pituitary Hormones

c. Hormones of Adrenal Cortex, Adrenal Medulla

d. Sex Hormones of male & female reproductive system

e. Hormones of thyroid gland

f. Parathyroid Hormone

g. Endocrine portion of Pancreas

9. Nucleotides and Nucleic acids:

- Chemistry of purines and pyrimidines, their derivatives, structure and function, Derivatives of purines and pyrimidines, their role in health and disease

- Chemistry and structure of nucleoside and nucleotide and their biochemical role, Nucleic acids (DNA & RNA) their types, structure and functions

10. Bioenergetics and Biological oxidation:

- Endergonic and exergonic reactions, coupling through ATP

- Oxidation and reduction, methods of electron transfer, redox potential, enzymes and coenzymes of biologic oxidation and reduction

- Respiratory chain and oxidative phosphorylation, components of respiratory chain, electron carriers

- ATP synthesis coupled with electron flow

- ADP coupled to electron transfer

- Uncouplers and inhibitors of oxidative Phosphorylation

11. Metabolism of carbohydrates:

- Glycolysis, Phases and reactions of glycolysis

- Energetics of aerobic and anaerobic glycolysis and their importance, Regulation of glycolysis

- Cori's cycle, The fate of pyruvate

- Citric Acid Cycle, Reactions, energetics and regulation and importance of citric acid cycle

- Amphibolic nature of citric acid cycle (tricarboxylic acid cycle –TCA or the Krebs's cycle)
- Anpoleratic reactions and regulations of TCA cycle
- Gluconeogenesis
- Important three by-pass reactions of gluconeogenesis
- Entrance of amino acids and intermediates of TCA cycle and other nutrients as gluconeogenic substrates
- Significance of gluconeogenesis
- Glycogen metabolism
- Reactions of glycogenesis and glycogenolysis
- Importance of UDP-Glucose
- Regulation of glycogen synthase and glycogen phosphorylase
- Glycogen phosphorylase A and the blood glucose sensor
- Disorders of glycogen metabolism (glycogen storage diseases)
- Secondary pathways of carbohydrate metabolism
- Hexose Mono Phosphate (HMP) shunt, its reactions and importance
- Glucuronic acid pathway, its reactions and importance
- Metabolism of fructose, galactose and lactose
- Regulation of Blood Glucose level
- Hyperglycemia, hypoglycemia and their regulating factors
- Biochemistry of Diabetes Mellitus, its laboratory findings and diagnosis

12. Metabolism of Lipids:

- Mobilization and transport of fatty acids, triacylglycerol and sterols

- Oxidation of fatty acids
- Activation and transport of fatty acid in the mitochondria
- β-oxidation, fate of acetyl CoA, regulation of β-oxidation
- Other types of oxidations, i.e., αoxidation, ω-oxidation, peroxisome oxidation, oxidation of odd number carbon-containing fatty acids and unsaturated fatty acids etc.
- Ketogenesis
- Mechanism and utilization of ketone bodies and significance
- Ketosis and its mechanism
- Biosynthesis of fatty acids
- Eicosanoids, synthesis from arachidonic acid, their mechanism and biochemical functions
- Triacylglycerol synthesis and regulation
- Synthesis and degradation of phospholipids and their metabolic disorders
- Cholesterol synthesis, regulation, functions, fate of intermediates of
- Cholesterol synthesis, hypercholesterolemia, atherosclerosis
- Plasma lipoproteins, VLDL, LDL, HDL, and chylomicrons, their transport, functions and importance in health and disease
- Glycolipid metabolism and abnormalities

13. Metabolism of proteins:

- Amino acid oxidation, metabolic fates of amino acid, transamination, deamination decarboxylation, deamidation and transamination
- Transport of amino group, role of pyridoxal phosphate, glutamate, glutamine, alanine
- Ammonia intoxication, nitrogen excretion and urea formation,
- Urea cycle and its regulation, genetic defects of urea cycle

- Functions, pathways of amino acid degradation and genetic disorders of individual amino acids

14. Metabolism of Nucleotides:

- De novo purine synthesis
- Synthesis of pyrimidine
- Recycling of purine and pyrimidine bases (Salvage pathway)
- Degradation of purine, formation of uric acid
- Disorders of purine nucleotide metabolism

15. Bio signaling:

- G-Protein Coupled Receptor
- Second Messengers
- Tyrosine Kinase Receptor
- Role of cGMP
- Multivalent Adaptor Proteins and Membrane Rafts
- Gated Ion Channels
- Bidirectional Cell-Adhesion Receptors
- Regulation of Transcription by Nuclear Hormone Receptor
- Regulation of Cell Cycle by Protein Kinases
- Oncogenes, Tumor Suppressor Genes, Programmed Cell Death

16. Genes and Chromosomes:

- Chromosomal elements
- DNA supercoiling

- Structure of chromosomes
- Genetic Mutations

17. DNA Metabolism:

- DNA structure
- DNA replication
- DNA damage and repair mechanism
- DNA Recombination

18. RNA Metabolism:

- DNA dependent synthesis of RNA
- RNA processing
- RNA dependent synthesis of RNA & DNA
- HIV Reverse Transcriptase
- Methods for generating RNA polymers

19. Regulation and gene expression:

- Principles of gene regulation
- Process of Transcription, Post-Transcriptional Modification
- Regulation of gene expression in bacteria/eukaryotes
- Genetic code
- Process of Translation, Post-Translational Modification

20. Metabolic disorders and their Clinical importance

1. Metabolic disorders related to Carbohydrate Metabolism

- Diabetes Mellitus& its complications
- All types of Glycosuria
- Classical Galactossemia
- Hereditary fructose intolerance
- Essential Fructosuria
- Essential Pentosuria
- G-6 PD deficiency
- Hyperosmolar Nonketotic Diabetic Coma
- Glycogen Storage Diseases
- Hypoglycemia
- Lactose intolerance

2. Metabolic disorders related to Lipid Metabolism

- Lipid Storage Diseases
- Ketosis and Ketonuria including Diabetic Ketoacidosis
- Respiratory Distress Syndrome
- Hypercholesterolemia
- All types of Hyperlipidemias including hyperlipoproteinemia
- Hypo lipoproteinemia
- Atherosclerosis, CVA, CHD
- Steatorrhea
- Chyluria

- Cholelithiasis/Obstructive Jaundice
- Congenital Adrenal Hyperplasia
- Carnitine Deficiency
- Fatty liver
- Obesity/Metabolic Syndrome
- Disorders related to oxidation of Fatty Acids (Refsum's Disease, Zellweger syndrome, Methyl Malonic Acidemia, SIDS)

3. Metabolic disorders related to Protein Metabolism

- All types of Uremia
- Hepatic Encephalopathy
- Hyperammonemia
- Arginine-succinic aciduria
- Citrullinemia
- Isovaleric academia
- Glycinuria /Hyperoxaluria
- Cystinuria / Cystinosis
- Phenylketonuria/Albinism
- Tyrosinemia
- Alkaptonuria
- Homocystinuria
- Hartnups disease
- Maple Syrup Urine Disease

- Histidinemia
- Creatinuria
- Carcinoid syndrome

4. Metabolic disorders related to Nucleotides and Nucleic Acids Metabolism

- Hyperuricemia & Hypouricemia
- Gout
- Lesch-Nyhan Syndrome
- Severe Combined Immunodeficiency Disease (SCID)
- Oroticaciduria
- Purine Nucleoside Phosphorylase Deficiency

5. Metabolic disorders related to heme metabolism

- Porphyria's
- Hyperbilirubinemia
- Jaundice

6. Disorders related to Vitamins and Minerals

- Vitamin DeficiencyDiseases
- Minerals & Trace elements Deficiency Diseases

7. Clinical Enzymology

- Principles of Diagnostic Enzymology
- Isoenzymes and their role in clinical diagnosis
- Types of various enzymes in human body

- Functional & Non-Functional Enzymes
- Enzymes used as reagents and drugs

8. Clinical Nutrition

- Factors altering nutrition requirements in different conditions
- Nutritional assessment and support in health & convalescence
- Diseases that produce nutrition problems
- Protein Energy Malnutrition (PEM)

9. Single-Gene Disorders:

Major Modes of Inheritance (Autosomal Dominant, Autosomal Recessive, X-Linked Recessive)

10. Cytogenetics:

- Numerical chromosome abnormalities:
- Euploidy, Aneuploidy
- Structural chromosome abnormalities:
- Translocations, deletions
- Other chromosomal abnormalities:
- Inversions, Ring Chromosome, Isochromosome, Uniparental Disomy
- Advances in molecular cytogenetics:
- Fluorescence in situ hybridization (FISH), Spectral Karyotyping

11. Genetics of Common Diseases

Multifactorial inheritance

12. Gene Mapping

Different types of DNA Polymorphism

- Restriction Fragment Length Polymorphisms (RFLPs)
- Variable Number of Tandem Repeats (VNTRs)
- Short Tandem Repeat Polymorphisms (STRPs)
- Single Nucleotide Polymorphisms (SNPs)

13. Gene Mapping: Linkage Analysis

14. Genetic Diagnosis Recombinant DNA Technology

- Isolation of DNA from Blood
- Isolation of DNA from tissues
- RNA isolation from blood and tissues
- Restriction enzymes

Practical work:

(A) Basic biochemical practical

1. pH metery

- Principle of pH metery
- Components and working of pH meter
- Applications of pH metery in Biochemistry laboratory

2. Centrifugation

- Principle of Centrifugation
- Types of centrifuge machines
- Ultracentrifugation

- Uses in Biochemistry lab

3. Spectrophotometer and Photometry

- Spectrophotometry
- LFT’s
- RFT’s
- Lipid Profile
- Sugar
- Uric Acid
- Serum Bilirubin Direct / Indirect
- Serum Albumin A/G ratio

4. Elisa Based Test

- Principal of Elisa
- Thyroid Profile
- Hepatitis B & C (ICT & Elisa based)
- Cortisol
- HIV (ICT & Elisa based)

5. Urine Complete Examination

- pH, Specific gravity
- Albumin, Sugar, proteins
- Microscopy
- UPT

6. Specimen Collection & Processing; Sources of Biological variation:

- Sources & composition of blood specimen
- Types of blood specimen & equipment
- Venipuncture, skin puncture, arterial puncture, anticoagulants & preservatives of blood, hemolyzed sample
- Preanalytical considerations
- Capillary specimen collection
- Specimen handling & processing for testing
- Collection of urine, faces, spinal fluid, other fluids for analysis

7. Establishment and use of reference values

- Introduction to statistical terms & techniques
- Use of reference values

8. Quality assurance

Elements of quality assurance

Pharmacology:

1. **Cardiovascular system**
    a. Antihypertensive drugs
    b. Drugs for heart failure
    c. Antianginal drugs
    d. Anticoagulants
2. **Respiratory system**

a. Anti-asthmatic drugs

b. Antihistamines

3. **Central nervous system**

a. General anesthetics

b. Local anesthetics

c. Antipsychotics

d. Antidepressants

4. **Drugs acting on uterus**

a. Tocolytic drugs

b. Drugs for labor and delivery

5. **Endocrinology**

a. Antidiabetic drugs

b. Estrogens and androgens

6. **Chemotherapeutic drugs**

a. Antibiotics of general use

GENERAL PATHOLOGY:

Cell as a unit of Disease

- The genome.
- Cellular metabolism & cellular activation.
- Signal transduction pathways, growth factors and receptors.
- Cell cycle and stem cell.

Cell injury and adaptation

- Reversible and Irreversible Injury
- Fatty change, Pigmentation, Pathological classification
- Necrosis and Gangrene

Cellular adaptation

- Atrophy, Hypertrophy,
- Hyperplasia, Metaplasia, Aplasia

Inflammation

- Acute inflammation, Vascular changes, Chemotaxis, Opsonization and Phagocytosis
- Enlist the cellular components and chemical mediators of acute inflammation
- Differentiate between exudates and transudate
- Chronic inflammation
- Etiological factors, Granuloma

Cell repair and wound healing

- Regeneration and Repair
- Healing---steps of wound healing by first and second intention
- Factors affecting healing
- Complications of wound healing

Hemodynamic disorders

- Define and classify the terms Edema, Hemorrhage, Thrombosis, Embolism, Infarction & Hyperemia

- Define and classify Shock with causes of each.
- Describe the compensatory mechanisms involved in shock
- Describe the pathogenesis and possible consequences of thrombosis
- Describe the difference between arterial and venous emboli

Neoplasia

- Dysplasia and Neoplasia
- Differences between benign and malignant neoplasm
- Enlist the common etiological factors of Neoplasia
- Define and discuss the different modes of metastasis
- TNM staging system and tumor grade

Immunity and Hypersensitivity

- Humoral and cell mediated immunity and types of Hypersensitivity with examples.

General Microbiology

- General Microbiology
- Introduction to microbiology
- Role of microbes in various human diseases
- Sources of infection
- Classification of microorganisms.
- Morphology and identification of bacteria.
- Bacterial metabolism and growth.

- Sterilization and disinfection, definition, use of physical and chemical disinfectants and their practical utility in clinical practice.

- Infection and immunity pathogenicity, pathology of infection, Resistance and natural immunity, antigens and antibodies.

B. Specialty Specific:

Obstetrics:

Antenatal Care

- Aim and Objectives
- High risk pregnancy
- Antenatal visits

Physiological changes in pregnancy and labour

Normal Labour

- Maternal and fetal anatomy
- Mechanism of labour
- WHO labour care guide

Pain relief in labour

Obstetrics complications

- Hypertensive disorders of pregnancy
- APH

Obstetrics emergencies

- Maternal collapse
- PPH

Gynaecology:

Normal menstrual cycle

Contraception (MAC Wheel)

Lower genital tract infections

SYLLABUS PART-II DGO

OBSTETRICS

Antenatal Care

- Preconceptional counseling and prenatal care
- Plan frequency of antenatal visits
- Treat minor disorders of pregnancy
- Identify high risk pregnancy
- Obstetric ultrasound imaging, dating, growth & anomaly

Identification and management of obstetric complications

a) Preterm Labour/PROM

- Identify preterm labour/PROM
- Manage Preterm Labour/PROM

b) Intra uterine Growth Retardation (IUGR)

- Identify Pregnancies with IUGR
- Manage IUGR pregnancy and its complications

c) Twin Pregnancy

- Monitor Twin Pregnancy
- Plan and implement labour/delivery appropriately
- Manage complications of pregnancy
- Refer higher order multiple pregnancy

d) Anaemia in Pregnancy

- Identify and diagnose anaemia in pregnancy

- Manage pregnancies with anaemia
- Rh incompatibility

e) Hypertension disorder of Pregnancy

- Manage pregnancies with hypertension
- Conduct appropriate delivery/labour
- Manage Eclampsia

f) Diabetes in Pregnancy

- Screen for diabetes Mellitus in pregnancy
- Manage Diabetic pregnancies with multidisciplinary team
- Manage Labor/delivery of diabetic pregnancy

g) Intra Uterine Death (IUD)

- Manage IUD pregnancy
- Perform follow-up/subsequent advice

h) Placenta Previa And Abruption

- Diagnose Ante-partum Haemorrhage (APH)
- Offer emergency management
- Manage all severities of APH

Normal Labour and Delivery

- WHO Labour Care Guide
- Appropriate care for all stages of labour
- Intrapartum fetal monitoring
- Labour analgesia

- Conduct normal vaginal delivery
- Induction of labour

Abnormal Labor

- Identify abnormal labor patterns, prolonged labor, obstructed labor, Dystocia
- Malposition and malpresentations
- Complications of the third stage of labor

Operative obstetrics

- Early Pregnancy Operations: Suction and evacuation, Manualvacuum aspiration
- Obstetrics Forceps and Ventouse
- Episiotomy
- Cesarean Delivery
- External cephalic versions & internal podalic version
- Operative breech delivery

Neonatal Care

- Immediate care of the newborn
- Neonatal resuscitation
- Management of common neonatal problems

Puerperium

- Identify common clinical problems of puerperium
- Manage Post Partum Haemorrhage (Primary and Secondary)
- Puerperal fever
- Postpartum blues

- Manage breast-feeding and identify problems in relation to it

EmOC

Practice comprehensive emergency obstetric care

GYNAECOLOGY

Contraception

- Offer sensible contraceptive choice to appropriate patients
- Carry out correctly various contraceptive procedures
- Identify side effects and complications of contraception

Identification and Management of Early Pregnancy Complications like

- Abortion
- Recurrent pregnancy loss
- Ectopic pregnancy
- Identification and management of gestational trophoblastic disease.

Pelvic Infection/ Sexually Transmitted Diseases (STD)

Management of case of:

- Acute Pelvic Inflammatory Disease (PID)

- Chronic PID
- Sexually Transmitted Infections
- Manage all types of Vaginal Discharge

Abnormal Uterine Bleeding

- Diagnose patients with Dysfunctional Uterine Bleeding (DUB) by pertinent investigations
- Medical & Surgical management Abnormal Uterine Bleeding

Infertility

- Evaluation & Management of couples with infertility at Primary level

Utero Vaginal Prolapse (UVP)

- Evaluate Utero Vaginal Prolapse
- Management of patients of UV prolapse

Gynecological Cancer

- Diagnose patients with Cervical, Endometrial, Ovarian, & Vulval Cancer
- Refer cancer patients to expert center

Miscellaneous

- Diagnose menopausal symptoms and signs
- Diagnose varieties of incontinence

- Diagnosis and management uterine fibroids
- Diagnose Adnexal Cysts, benign or malignant
- Perform Pap Smear
- Effectively counsel, protect, promote, and advance Women's Rights to Sexual and Reproductive Health (WRSRH)
- Full range of commonly employed gynecologic diagnostic and surgical procedures, including imaging techniques

Instructional Strategies:

As a policy, active participation of students at all levels will be encouraged.

Following teaching modalities will be employed:

1. Lectures
2. Seminar Presentation and Journal Club Presentations
3. Group Discussions
4. Grand Rounds
5. Conferences and seminars
6. Assignments
7. Self-study, and use of internet

Section D:

Assessment Plan:

Program duration	Course contents	Assessment method
At the end of 6 months of program	**Basic medical sciences:** • Anatomy including histology • Physiology • Biochemistry • Pharmacology • Pathology — **75%** **Specialty specific** — **25%**	**Part I** to be taken by university. It will include: Written (MCQ) = 100 (1 mark each) **Total Marks = 100**
At the end of 2nd year	Specialized training in the relevant Department	**Part II Examination** to be conducted by university. It will include: **A) Paper A (Obstetrics)** MCQ = 50 (1 mark each) = 50 SEQ = 10 (5 marks each) = 50 **Total Marks = 100** **B) Paper B (Gynaecology)** MCQ = 50 (1 mark each) = 50 SEQ = 10 (5 marks each) = 50 **Total Marks = 100** **C) Log Book = 20 Marks** **D) Clinical Paper = 180** OSCE/OSPE = 90 marks Clinical = 90 marks 2 long cases Obstetrics (1 case) = 30 marks Gynaecology (1 case) = 30 marks Total = 60 marks Short cases = 2 1 short cases of Gynaecology 1 short cases of Obstetrics each caring 15 marks Total = 30 marks **Total Marks = 400**

Part-I Examinations:

Part I would be conducted for the candidate at the end of 6 months of the program.

Components of Part I Examination

MCQ =100 (each 1 mark)

Total = 100

Eligibility Criteria:

To appear in the Part II Examination the candidate shall be required: .

1. At least 75% Attendance in all the basic medical sciences subjects as per the curriculum provided.
2. Evidence of payment of examination fee as prescribed by the university from time to time.
3. The examination fee once deposited cannot be refunded / carried over to the next examination under any circumstances.
4. Candidate remained on institution roll during the period required for appearing in examination.

Declaration of Results

- The candidates scoring 60% marks in the written examination will be considered pass and will then be eligible to appear in the Part II examination.
- A maximum of total SIX (6) consecutive attempts, availed or un availed, will be allowed in Diploma Part I examination. If the candidate fails to pass this examination within the above mentioned limit of SIX (6) attempts, he/she shall be removed from the program and the seat will fall vacant.

Part-II Examination

(at the end of 2nd Calendar year of the program)

Components of Part II Examination

A) Paper A (Obstetrics)

MCQ = 50 (1 each) = 50

SEQ = 10 (5 each) = 50

Total Marks = 100

B) Paper B (Gynaecology)

MCQ = 50 (1 each) = 50

SEQ = 10 (5 each) = 50

Total Marks = 100

C) Log Book = 20 Marks

D) Clinical Paper = 180

OSCE/OSPE = 90 marks

Clinical = 90 marks

Long case = 2

Obstetrics (1 case) = 30 marks

Gynaecology (1 case) = 30 marks

Total = 60 marks

Short cases = 2

1 short case of Gynaecology

1 short case of Obstetrics

each caring 15 marks

Total = 30 marks

Total Marks = 400

Eligibility Criteria:

To appear in the Part II Examination the candidate shall be required:

1. Result card showing that the candidate has passed Part I Examination.
2. Certificate of completion of 2 Years training as per the curriculum approved by the university.
3. Evidence of payment of examination fee as prescribed by the university from time to time.
4. The examination fee once deposited cannot be refunded / carried over to the next examination under any circumstances.

Declaration of Results

a. The candidates scoring 60% marks in aggregate of Paper A and Paper B of the written examination will be declared pass and will become eligible to appear in the Clinical Examination.

Clinical, TOACS/OSCE:

a) The Clinical Examination will consist of 02 short cases, 02 long cases and TOACs/OSCE with 01 station for a pair of Internal and External Examiner.

b) The Total Marks of Clinical and TOACs/OSCE & Oral will be 180 and to be divided as follows:

- 2 Short Cases (15 each) Total Marks = 30
- 2 Long Case (30 each) Total Marks = 60
- TOACS/OSCE & ORAL Total Marks = 90

Total = 180 marks

Log Book = 20 marks

Declaration of Results

- A student scoring 60% in long case, 60% in short cases ad 60% in TOACS/OSCE will be considered pass in the examination.

Section E

Award of Diploma In

A candidate having declared successful in all the components of examination i.e. ***Theory and Clinical*** shall be declared pass and shall be conferred Diploma in Gynaecology & Obstetrics.

Section F:

Log Book

As per format approved by the university

Section G

Paper Scheme

Part I

written

- General Pathology (08 MCQs)
- General anatomy & Histology (20 MCQs)
- Basic Biochemistry (20 MCQs)
- General pharmacology (07 MCQs)
- General physiology (20 MCQs)
- Subject specific (25 MCQs)

MCQ Paper Single best type

Total Marks **100Marks**

Part II Examination

written

Sr No.	Paper	Number Of MCQ	Number Of SEQ	Total Marks
1	Paper A Obstetrics	50 MCQ (1 mark each)	10 (5 marks each)	100
2	Paper II Gynaecology	50 MCQ (1 mark each)	10 (5 marks each)	100

Obstetrics

Sr No.	Topic:	Number of MCQs	Number of SEQs
2.	Antenatal Care	6	1
3.	Antenatal Obstetric Complications	10	1
5.	Evaluation of Fetal Wellbeing	4	1
7.	Normal and Abnormal Labor	10	1
8.	Operative Obstetrics	6	
9.	Puerperium	5	
10.	Obstetric Emergencies	8	1
11.	Neonatal care	1	
Total		**50**	**5**

Gynaecology

Sr No.	Topic:	Number of MCQs	Number of SEQs
1	Abnormal uterine bleeding	8	1
2	Early Pregnancy Complications	7	1
3	Contraception	6	
4	Subfertility	5	1
5	Reproductive Tract Infections	5	
6	Urogynaecology	4	1
7	Operative Gynecology	7	
8	Malignant Diseases of Genital Tract	8	1
Total		**50**	**5**

Section H

Resources and references (books and other resource material)

- Ten Teacher Obstetrics & Gynaecology
- Evidence based Obstetrics & Gynaecology
- Shaw's Textbook of Gynaecology
- RCOG Greentop Guidelines
- NICE Guidelines
- WHO Labour Care guide: User's manual

Section I

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Signed by head of Department